

SENIOR RESOURCE CENTER, INC.

NEWSLETTER – FEBRUARY 2020

Phone: (757) 385-2175 | Website: <https://www.vbsrc.com> | Email: info@vbsrc.com
 facebook: <https://www.facebook.com/VirginiaBeachSeniorResourceCenter>

First Responders' Appreciation Lunch

Wednesday, Feb. 5 11:00 am



Have you ever wanted to be able to ask a policeman, fireman or rescue squad volunteer a question or find out how they do their job? Here's your chance to get up close and personal with Virginia Beach First Responders.

This is our annual thank you to all our dedicated First Responders to show them how much we appreciate all that they do for us, day in and day out. It's also a chance for our local emergency responders to get to know us and the Senior Resource Center.

SRC will provide the main entrée (pork roast), and we ask you to provide a side dish or dessert. We will begin at 11 a.m. and serve until after 1 to accommodate the different shifts of our local providers. Let's all come out and show them how much we care.

JOY

Africa Travelogue and Pot Luck Lunch

Tuesday, Feb. 18 10:00 am

An African Safari: Namibia: Stories and Photographs and Photographs
 What's the next best thing to going on an African safari yourself? Seeing the photographs and listening to the stories of someone who has

just returned from one! Join us at the Senior Resource Center for a free presentation as we gather to hear David and Holly Fox tell about their journey to the African nation of Namibia, and see some of the amazing photographs they took to document their trek into the wilds. Here's your chance to learn about a part of the world that may be foreign to you, and you won't need a passport.

Bring a dish or dessert to share at our pot luck lunch after the presentation, and come at 9:30 a.m. if you'd like to have your blood pressure checked.

History Meeting

"A Revolutionary Skirmish at Pungo Chapel?"

Wednesday, Feb. 26 1:00 pm

Did you ever want to be a detective? Do you like history, especially of the Revolutionary War era? If the answer to either of these questions was "Yes" then we've got a deal for you.

Please join us on February 26, at 1 o'clock, for our local history session when we will hear from Christopher Pieczynski, who recently completed research concerning "The Skirmish at James's Plantation." According to that paper, we heard for the first time that the "skirmish" possibly extended down to the Pungo Chapel, located in the area of Pleasant Ridge and West Neck.

Nothing in our known history or local legend had mentioned that possibility. Did it happen in the fashion described in the hand written diary of Johann Ewald, the Hessian Captain of a Field Jager Corps, on which this presentation is based? Maybe.